

FROM THE PRINCIPAL, KATHY LLOYD-PARKER

Teenage Mood Disorder Presentation with Dr Ken Weinstock

This week we were privileged to have Dr Ken Weinstock speak to staff and parents. He is a psychiatrist who works with children and adolescents and the information he imparted was not only informative but incredibly important. What was most sad was that many of the students he dealt with had no meaning in their lives. For young people today, meaning and purpose is a must and the information Ken Weinstock gave was so helpful in supporting parents and staff when working with young people.

At this evening, I took extensive notes that we will type up and distribute. However, that said, nothing beats actually hearing the message first hand. Parents who attended have registered interest in another meeting and we will organise this as there was so much to cover from anxiety and depression to cutting and schizophrenia – so much for one evening. We will also ask parents to submit questions so that Ken can give thought to them prior to meeting with us.

I encourage as many parents as possible to come to the next session. One never knows what the future holds and any parent who has a child suffering with depression knows how challenging this can be. As a school, we aim to provide a healthy and safe environment for all girls but also support for those who experience difficulties. We will continue to share with our community all that we can.

Our sincere thank you to Dr Ken Weinstock. He was not only knowledgeable but gave a sincere and heartfelt presentation.

Fundraising

We now have a school sweatshirt which identifies everyone as Chilton students. This school sweatshirt is for all students and is the only approved sweatshirt for sport, PE, sports practices and going to and from sport games. Individual sport team sweatshirts are not acceptable.

We do not want any additional screenprinting added to our school sweatshirts ie no names or names of teams. The only exception is the personalised Year 13s Leavers Jersey which is a special item and a tradition we wish to retain.

[CLICK HERE](#) to read the school's Fundraising for School Trips Policy and our Fundraising Participation Agreement. Any fundraising for school trips must be brought to the attention of the Principal and not undertaken by individuals or sports teams.

Library Week

From Monday 11 June to Friday 15 June we will be holding Library Week, with a theme of **Crime and Mystery**. Activities will run during lunchtimes including treasure hunts, mystery book boxes, picture trivia quizzes, a fear factor competition and a whodunit? competition. Students can visit the jail in the Library and be photographed and fingerprinted by the Library assistants.

Friday 14 June will be a Crime and Mystery dress-up/mufti day (with a gold coin donation). Students are encouraged to come dressed as a detective, sleuth, criminal or their favourite superhero or villain.

Our guest author, Ruth Paul is a childrens' book author and illustrator ("The Little White Lie", "Two Little Pirates", "I Am Jellyfish"). Her visit on Friday afternoon is sponsored by the New Zealand Book Council with the support of Creative New Zealand under the Writers in Schools Programme.

Years 12 and 13 students will have the opportunity to hear a presentation from a ESR Forensic Scientist on Monday 18 June during Senior Assembly and Bluey, our community police officer, will also be talking to students during the week.

FORTHCOMING EVENTS

Monday 11 June to Friday 15 June
Library Week (see page 1 for details)

Friday 6 July
End of Term Two for Years 1 – 13

Monday 30 July
Start of Term Three for Years 1 – 13

Friday 3 August
Chilton Scholarship Applications close
(see page 2 for details)

[CLICK HERE for 2019 Term Dates](#)



TIDY OUT FOR TONGA

As a school, we are donating our old PE / Sports uniforms to an Anglican school in Tonga who are in need of support.

[CLICK HERE](#) to read the list of other items that can be donated and left in the House coloured tubs in FitzGerald Foyer (outside Reception). **This collection closes on Friday 8 June.**

Year 13 students will be holding a bake sale at morning break on **Friday 22 June** to fundraise towards the shipping costs of our donations.

Thank you your generosity!



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SCHOOL NEWS

Chilton Scholarships for 2019 are now open!

Chilton Saint James School Scholarship applications for Academic, Sport, Music and Dance entry into 2019 are now open and **close at 4.00pm, Friday 3 August 2018**.

Applying for a scholarship is a simple online process and we welcome all applications.

[CLICK HERE](#) for further information on the scholarships available for entry in 2019 and how to apply.

School Uniform

Please note, the new hooded grey sweatshirt must not have any extra screen printing added to this item.

Years 7 – 13 students can wear a plain black jacket to school for the remainder of 2018. From 2019, the Chilton black showerproof jacket will be compulsory for all Years 1 – 13 students.

[CLICK HERE](#) Care and washing instructions of uniform

PRESCHOOL

Preschool Kea

In Preschool last week we were very busy learning all about the letter L. We focused a lot on what it looks like and what sounds like too. At the start of the week, the Kea children wanted to make some lemonade and many of the children brought in lemons to share. We started making our lemonade by gathering all the tools and ingredients together that we would need. Then we all took turns using the different types of lemon squeezers to extract the lemon juice from the lemon. The Keas all had slightly different techniques of getting the juice out but we ended up with a lot of lemon juice.



"You had to be quite strong to use the orange coloured squeezer," said Sophia.

"I helped James by holding the bottom bit. It was slippery," said Arthur.

"I was good at getting all the juice out. There was none in the lemon when I was finished," said Lily.

A number of Keas were very courageous and tasted the lemon after they had squeezed out the juice. Some really liked it and ate all the lemon. Others were not so sure.

"This is spicy," said Elodie

"I did not really want to try it. But I did. That is good," said Heath.

We then added some sugar for some sweetness and some water, gave it a good shake and we have lemonade.

Preschool Uniform

The new PE / Sport uniform for Preschool is now available for sale from the Uniform Shop. This includes a PE top, PE shorts, trackpants and a hooded sweatshirt (all grey).

Please note: This grey-toned uniform must be worn together, rather than mixing and matching items with the current blue uniform. **The new grey uniform will be compulsory for all Preschoolers from the start of 2019.**

PRIMARY SCHOOL

Year 1

The Primary Years Programme talks about how we create the classroom culture that cultivates the habits and attitudes of curious, confident and independent learners. Year 1 worked on preparing the assembly, demonstrating the qualities of self-directed learners. We shared what we loved about our mums and their portraits.



My mum loves me. She changes me for PE. She is good because she loves me. **(Aarzoo Pathania)**

I love my mum because she always kisses me. **(Alexa Allen)**

Mum sprays me in the garden. Mum loves me. She always will. She says she will love me for all her life. She says I'm very special. She reads me Harry Potter. The scariest part was when Professor Quirrell tried to kill Harry. **(Alice Hayward)**

My mum went to have a holiday. I missed her. My mum has friends. My mum loves me. She picks me up and she always kisses me on the cheeks. I love my mum. **(Amy Yu)**

I love my mum because my mum loves me and because she helps me and because she is the best. I love my mum when she changes her hair. Do you know how my Mum changes her hair? The fairy glitter makes a wand to change my mum's hair. **(Chloe Cao)**

Mum plays hide and seek with me. My mum loved the show and we dressed up. We had to dance. **(Chloe Lin)**

My mum plays tennis with me near the scout's den. Sometimes on my birthday she lets me watch Harry Potter and the Prisoner of Azkaban. One day she let me watch in the car Dora the Explorer. On her birthday that was the day we went to Auckland. **(Claire Pemberton)**

My mum does help me when I'm hurt. She is magical because she loves me. She plays with playdough. She looks like Aurora. **(Crystal Lim)**

I play with my mum. I play hide and seek with my mum, I play with my doll's house. My mum loves me. She kisses me and she hugs me. **(Keemaya Kumar)**

I love my mum because my mum is the best because she loves me. My mum loves me. My mum takes me to the mall. **(Minne St Helens)**

My mum loves me because I am special. **(Ivy Cam)**

I love my mum. My mum loves me too. She loves me a lot because she always loves me by giving me kisses. She kisses me at night-time. She hugs me a lot too. My mum always loves me and she always lets me watch TV at home. My mum says "Have a good day" and "Good night" at night time. My mum is a Princess all the time. **(Olivia Zhou)**

I love my mum. **(Ruby Blitz)**

My mum takes me to the zoo. She is beautiful. **(Sophia Stone)**

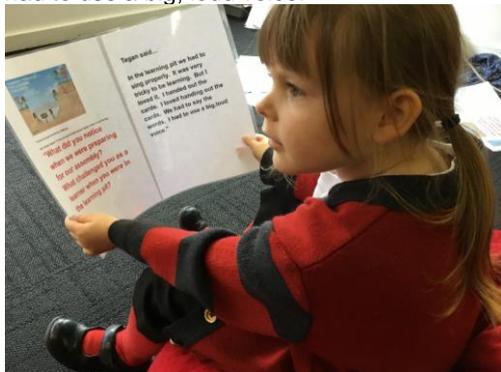
My mum looks after me, loves me and she helps me when I get stuck up a tree. She also likes giving me TV. My mum loves giving me kisses at night time. She gives kisses and she is magical. She looks like Aurora. My mum has beautiful black hair. **(Tegan Wigley)**



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The children were asked what challenged them as a learner when they were preparing for their assembly. John Nottingham refers to 'the learning pit' where children have the opportunity to promote challenge, dialogue and a growth mind-set. Tegan below reflected on her learning... In the learning pit we had to sing properly. It was very tricky to be learning. But I loved it. I handed out the cards. I loved it. We had to say the words. I had to use a big, loud voice.



Weekly Certificates

Congratulations to the following girls who achieved certificates this week. These certificates will be awarded at our Assembly on Monday. Keep up the fantastic work girls!

- Year 1 Sophia Stone, Tegan Wigley
- Year 2 Aarna Gowda, Kathleen Shao
- Year 3 Sophie Ross, Isabella Todd
- Year 4 Maisy Neilson, Miami Sanderson
- Year 5 Jiya Patel, Imogen Waldron
- Year 6 Anika Anderson-Peneha, Alyssa Patel.

Form Captains

Congratulations to the following girls who have been named as the next Form Captains for their class.

- Year 1 Minne St Helens
- Year 2 Sacha Tan
- Year 3 Alisa Fleischer
- Year 4 Laura Pemberton
- Year 5 Ariana Jones
- Year 6 Phoebe Hayward.

PRIMARY SPORT

Student Success

Congratulations to the following girls who placed in the top 15 from each grade and have consequently, subject to confirmation, been selected to represent the Zone and take part in the Inter-Zone Cross-Country race at Trentham Memorial Park on 19 June. Results from the Zone event are in brackets:

- Year 4 Tilly Smith (1st)
- Year 5 Isla O'Connor-Williams (5th) Emily Allen (16th reserve)
- Year 6 Nancy Li (1st), Lucy Price (3rd), Sophie Parker (6th), Emily Yang (8th), Alyssa Patel (9th).



Congratulations to all the Years 4 – 6 students who challenged themselves to represent Chilton and took part in the South-West Zone Cross Country event at Sladden Park last week. Girls raced against a very strong field competing against runners from ten other schools.

- Year 4 Tilly Smith, Carla Nguyen, Hebe Lin
- Year 5 Isla O'Connor-Williams, Emily Allen, Maddi Shaw
- Year 6 Kendra Boswell, Tayla Boswell, Alyssa Patel, Georgia Barrett-Dobson, Lucy Price, Nancy Li, Arabella Boaden-Trotter, Sophie Parker, Meg Jones, Emily Yang.



Years 5 – 6 Badminton in Term Three

Please email adenheh@chilton.school.nz if your daughter wishes to play Term Three Badminton.

Years 5 and 6: Play at Badminton Hall, Naenae on Tuesdays 4.00pm – 6.30pm (from 31 July – 18 September).

MIDDLE SCHOOL



The Year 10 Business Studies classes recently had an opportunity to showcase their job interviewing skills, as part of their Financial Literacy curriculum. The format for the day was similar to 'speed dating'. Each student had 90 seconds to answer her given question to the

best of her ability. Each girl talked about her strengths, weaknesses and motivation and was asked to give examples of when she showed that she is a team player and a leader, when she showed initiative, or how she copes with stressful situations. And lastly, she was asked if she were a sweet/lolly, what would she be and why.

The girls impressed the guest interviewers with their coherence, courtesy and confidence, as well as their professional demeanour. This is definitely an activity that highlights the girls' strengths, while at the same time stretching them out of their comfort zone!

Year 8 Social Sciences Trip to Parliament

Wednesday 13 June, from 12.30pm – 3.30pm

\$2.50 will be charged to students' Incidental accounts.

Email sharvey@chilton.school.nz if you have any queries.



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MIDDLE SPORT

Cross Country Success

Congratulations to the Years 7 – 8 students who challenged themselves to represent Chilton and took part in the South-West Zone Cross Country event at Sladden Park last week. These girls raced against a very strong field competing against runners from ten other schools.

Year 7 Rosa Blair, Mia Campbell, Lola Campbell
Year 8 Madeline Armstrong, Georgina Smith, Megan Richter, Jorja Hastings



Congratulations to the following girls who placed in the top 15 from each grade and have consequently, subject to confirmation, been selected to represent the Zone and take part in the Inter-Zone Cross-Country race at Trentham Memorial Park on 19 June. Results from the Zone event are in brackets:

Year 7 Mia Campbell (1st), Lola Campbell (2nd), Rosa Blair (3rd)
Year 8 Madeline Armstrong (4th), Georgina Smith (12th), Jorja Hastings (13th).



Left Kasey and Katelyn competed in a fierce race with a field of 63 athletes with the following results:
Katelyn Sceats: 1st Year 9 CSW Cross Country Championships (time 10.38)
Kasey Walker: 12th Year 9 CSW Cross Country Championships (time 11.56).

U13 Basketball Trials

This year's tournament will be held at Walter Nash Stadium from 10 – 13 October. Visit the Hutt Valley Basketball website for dates and register.

Eligibility for BBNZ U13 Regional Championships: Players must be aged either 10, 11 or 12 years by 31 December of the year in which the competition is held. All intending trialists are required to pre-register via the Hutt Valley Basketball website. Sam Twomey has been appointed the Head Coach for the girls and Pena Tala has been appointed Head Coach for the boys. This will also be advertised on the Hutt Valley Basketball website and Facebook pages.

Netball Workshops

Tuesday 12 and Tuesday 19 June, 5.00pm – 6.00pm
Taita Netball Courts, Lower Hutt

Netball Hutt Valley are offering workshops for Years 8 and 9 students who trialled for the representatives this year but were unsuccessful and girls who are interested next year. Cost: \$20.

Trials for Years 9 – 10 Junior Netball Tournament

Thursday 9 August

ASB Centre, Wellington

Netball trials will be held at school as per below for the annual CSW Years 9 – 10 Junior Netball Tournament with a squad to be selected for the tournament only.

Year 9: Wednesday 20 June, 12.40pm – 1.15pm

Year 10: Friday 22 June, 12.40pm – 1.15pm

To be considered for the team, girls must attend the trial day. If your daughter is interested, please email sport@chilton.school.nz with their name, year level, class and two preferred positions before Thursday 14 June.

Badminton

The Sports Department is asking for expressions of interest in the CSW Junior Badminton Championships, to be held on Wednesday 27 June at Badminton Hall, Hataitai. Girls may choose to enter in either the singles or doubles, but **not both**. This tournament is not suitable for novices. Please email sport@chilton.school.nz if you are interested in competing, (please advise in your preferred email contact details). If you are interested in doubles, please provide the name of your doubles partner.

SENIOR SPORT

Badminton

CSW Open Singles Championships to be held on Wednesday 4 July at Badminton Hall, Hataitai. This is a competitive singles tournament only and is not suitable for novices. Please email sport@chilton.school.nz if you are interested in competing.

Hockey Umpiring Session

Monday 11 June, 4.30pm – 6.00pm

Fraser Park, Lower Hutt

Wellington Hockey invites senior students interested in learning to umpire secondary school games to an umpiring session. Register at jenni@capitalhocey.org.nz

MUSIC AND PERFORMING ARTS

The Big Sing

Tuesday 19 June

Michael Fowler Centre, Wellington

The Seraphim Choir will be performing at the Big Sing 2018 in the afternoon session (from 2.00pm). Parents are welcome to attend the afternoon competition and / or the evening concert showcasing performances from all the choirs on the day. Further details will be circulated shortly.

Student Success



Congratulations to students who competed in the Kapi-Mana Competition at Queen's Birthday weekend. A full list of results will be published on the [Kapi-Mana website](#) shortly. Here is a select list of Chilton results:
Intermediate Wind/Brass:
1st Hannah Francis (Year 8),
2nd Madeleine Wilson (Year 6).
Intermediate Ensemble: 2nd Cordelia Waldron (Year 8), Madeleine Wilson (Year 6) and Imogen Waldron (Year 5).
Intermediate String Solo:
1st Cordelia Waldron (Year 8).

Jessica-May Smith's Dance Group 'The Greatest Show' recently placed 1st at the Central Fusion Dance Competition in Fielding for Intermediate Jazz.



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